

Sunnyvale - Swim Class - Summer 2009

Racer Class 5:45pm								Coach: Xiaohong Wang							
Swimming Skills Evaluation	Current Class Level	BR Pulldown	Two-Side Breath	FR Turns	BK Turns	Forward Dive	Backward Dive	FR 50 yd Time	BK 50 yd Time	BR 50 yd Time	FLY 50 yd Time	Endurance IM 400 yd Time	Follow Instructions	Proposed Swim Level	
	Joyce Zhang		5		5				41"	47"	52"	52"	8'45"		RAC3
	Sherry Xu		5		5				40"	47"	51"	51"	8'37"		RAC3
	Albert Zhang		5		4				41"	48"	53"	52"	8'36"		RAC3
	Alice Zhu		5		5				37"	48"	56"	46"	8'55"		RAC3
	Brandon Li		4		2				50"	1'00"	1'04"	1'13"	11'55"		CMP3/RC
	Jessica Zhang		5						39"	50"	54"	57"	9'50"		RAC2
	Cristopher Dong		5		4.5				45"	58"	1'07"	1'19"	11'57"		CMP3/RC
	Vivien Zhang		5		4				50"	55"	1'05"	1'09"			RAC1
	Caroline Li		5		4				53"	59"	1'07"	1'05"	11'25"		CMP3
	David Xu		5		4				52"	1'02"	1'03"	1'23"	10'42"(Fr)		CMP3
	Prem Nair		5		4.5				1'00"	1'18"	1'13"	1'14"	11'25"(Fr)		CMP3
	Matthew Tran		5		3.5				51"	59"	1'09"	1'09"	11'20"(Fr)		CMP3
	Yash Satyavaru		4		3.5				54"	1'08"	1'15"	1'21"	11'30"(Fr)		CMP3
	Jennifer He		5		3.5				45"	51"	1'00"	1'04"	9'50"		RAC1
Michelle Cheg		5		4.5				42"	48"	56"	51"	9'42"		RAC2	
Richard		5		X				1'03"	1'04"	1'07"	1'07"	11'20"		CMP3	
Jeffrey Song		5		2.5				49"	1'03"	1'21"	1'29"	400 Fr		CMP2	
Racer Class 6:45pm								Coach:							
Rogers Li		4						51"	1'04"1	58"	1'13"	10'50"		CMP3	
Joshua Pan		5						53"	54"	1'12"	1'10"	10'50"		CMP3	
Michelle Chiu		4						40"	46"3	54"	58"	10'15"		RAC2	
Sherrie Shen		5						51"	55"8	1'07"	1'00"	9'55"		RAC1	
Michelle Fang		5						51"	1'01"	1'06"	1'11"	10'35"		CMP3	
Jonathan Pan		4						56"	1'04"	1'08"	1'13"	10'02"		CMP3	
Carter Hu		4						57"	1'00"	1'07"	1'15"	11'02"		CMP3	
Grace Guan		5						34"7	38"	45"	41"	6'50"		ELT1	
Linda liu		5						45"	55"8	1'14"	1'05"5	10'20"		CMP3	

Blank – Untested X - Incapable 1 – Barely 2 – Fair 3 – Capable 4 – Good 5 – Excellent
 FR – Freestyle BK - Backstroke BR – Breaststroke FLY – Butterfly