

**American Red Cross Lifeguard Training** will teach you the skills necessary to be a certified Lifeguard. This program includes Red Cross certifications in both shallow and deep water life-guarding, First Aid, CPR, and AED (Automated External Defibrillator). You will be a certified lifeguard and ready for employment for any aquatic center when you successfully finish the program and pass the required tests.

**Qualifications:** Must be 15 years of age by the last day of class. Must be able to do the following two prerequisites on the first day: **Prerequisites Part 1:** 300 yard swim (100 yd front crawl, 100 yd breaststroke and 100 yd choice of breaststroke, front crawl, or a combination of both). **Prerequisite Part 2:** Swim 20 yd using breaststroke or front crawl, retrieve a 10lb brick from 7-20 ft water, return 20 yd to side of pool, and exit pool - time requirement: 1 minute 40 seconds (*Pool Admission Ticket can be purchased for prerequisite self assessment, upon registration.*)

**PRICE : \$220**

*Price Includes: CPR, First Aid and AED certifications (upon pass of tests) as well as all books, materials, and CPR pocket mask.*

**SCHEDULE :**

**December 19 - 23 (Mon - Fri)**  
**8am - 3pm**  
 (45 minute break)

Participant Full Name		Sex	Birth date	Program Fees
#1				<input type="checkbox"/> \$220 x ____ = \$_____ <i>Price X # of participants</i>
#2				Total Amount: \$_____ <i>Total amount due at registration</i>
Home Address		Daytime Phone #		<b>Office Use Only</b> <input type="checkbox"/> PR #1 <input type="checkbox"/> PR #2 <input type="checkbox"/> 15+ <input type="checkbox"/> Calphin employee discount: \$_____ <input type="checkbox"/> Cash <input type="checkbox"/> CHK <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> Debit #_____ Amt Pd: \$_____ Rec'd by: _____
		Email Address		
		Parent Name (if under 18)		

For safety of participant, please list medical conditions the above has: (*i.e. asthma, diabetes, epilepsy/seizures, allergies, and etc.*)

(All information disclosed to Calphin will remain confidential)

**Program & Club Policy:**

- Participants must successfully pass a written exam and skills test to become certified (at the end of the 5 day course).
- The registration minimum to open a class is 4 students. Please be aware that your requested class may be cancelled if enrollment is below the minimum and in that case a refund will be issued to you.
- No refunds on or after the first day of the course, unless prerequisites aren't met and *a \$20 fee will be charged.*
- If you miss any classes, you will not pass the course - No Make Up Classes will be offered - **Attendance is Mandatory.**
- If class is cancelled due to pool maintenance/accidents, mandatory make up class will be scheduled for the group.
- Bounced check subjected to \$25 charge. Lifeguard and First Aid valid for 3 years, AED and CPR valid for 1 year.

By signing the form below, I certify the above provided information is correct and the participants are in good health to swim in chlorinated water. I also confirm that we have received, understood, and will comply with all the safety rules and club policy (see website [www.Calphin.com](http://www.Calphin.com) for complete policy) established by Calphin Aquatic Club (CALPHIIN). I, the undersigned, understand and assume all incidental risks involved in swimming and its facility, and agree that CALPHIN cannot be held accountable for any knowledge of any medical conditions of any swimmer mentioned above that is not listed and communicated above. In case of injury to the participant(s) I, the undersigned, do hereby release, indemnify, hold harmless and waive all claims against the pool facility owners, management organizations, CALPHIN, their officers and employees. I also certify that I have read, understood the foregoing message, and sign this form voluntarily.

*\*\*If participant(s) are under 18, parent or legal guardian must sign.*

Participant #1 and/or Guardian Signature     
  Participant #2 and/or Guardian Signature     
  Date