

American Red Cross Lifeguard Challenge (Recertification) is for ARC lifeguards that have expired certification therefore needing to be recertified. The half-day course includes Lifeguard training, CPR for Lifeguards, AED (Automated External Defibrillator) and First Aid certificates. After completion of the challenge course, the participant will be recertified and ready for employment at any Aquatic center.

Qualifications: Must be at least 15 years of age and have received Lifeguard training within the past 4 years.
Prerequisites Part 1: 300 yard swim (100 yd front crawl, 100 yd breaststroke and 100 yd choice of breaststroke, front crawl, or a combination of both). **Prerequisite Part 2:** Swim 20 yd using breaststroke or front crawl, retrieve a 10lb brick from 7-20 ft water, return 20 yd to side of pool, and exit pool - time requirement: 1min and 40sec.

PRICE : \$80

Price Includes: Lifeguard, First Aid, CPR, and AED Certificate Renewal

SCHEDULE: (please circle one)

- 1) November 21st 8am-1pm
- 2) December 2nd 8am-1pm

	Participant Full Name	Sex	Birth date	Program Fees
#1				<input type="checkbox"/> \$80 x ____ = \$_____ <i>Price X # of participants</i>
#2				Total Amount: \$_____ <i>Total amount due at registration</i>
Home Address		Daytime Phone #		Office Use Only <input type="checkbox"/> PR #1 <input type="checkbox"/> PR #2 <input type="checkbox"/> 15+ <input type="checkbox"/> Calphin employee discount: \$_____ <input type="checkbox"/> Cash <input type="checkbox"/> CHK <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> Debit # _____ Amt Pd: \$_____ Rec'd by: _____
Email Address				
Parent Name (if under 18)				

For safety of participant, please list medical conditions the above has: (i.e. asthma, diabetes, epilepsy/seizures, allergies, and etc.)

(All information disclosed to Calphin will remain confidential)

Program & Club Policy:

- Participants must successfully pass a written exam and skills test to become certified.
- The registration minimum to open a class is 4 students. Please be aware that your requested class may be cancelled if enrollment is below the minimum and in that case a refund will be issued to you.
- No refunds on and after the day of the course.
- If you miss, you will not pass the course - No Make Up Classes will be offered - **Attendance is Mandatory.**
- If class is cancelled due to pool maintenance/accidents, mandatory make up class will be scheduled for the group.
- Bounced check subjected to \$25 charge.
- Lifeguard and First Aid valid for 3 years, while AED and CPR valid for 1 year.

By signing the form below, I certify the above provided information is correct and the participants are in good health to swim in chlorinated water. I also confirm that we have received, understood, and will comply with all the safety rules and club policy (see website www.Calphin.com for complete policy) established by Calphin Aquatic Club (CALPHIIN). I, the undersigned, understand and assume all incidental risks involved in swimming and its facility, and agree that CALPHIN cannot be held accountable for any knowledge of any medical conditions of any swimmer mentioned above that is not listed and communicated above. In case of injury to the participant(s) I, the undersigned, do hereby release, indemnify, hold harmless and waive all claims against the pool facility owners, management organizations, CALPHIN, their officers and employees. I also certify that I have read, understood the foregoing message, and sign this form voluntarily.

***If participant(s) are under 18, parent or legal guardian must sign.*

X _____ Participant #1 and/or Guardian Signature	X _____ Participant #2 and/or Guardian Signature	X _____ Date
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